

# Life in LAMORINDA

## Swim, Ride, Run!

By Lee Borrowman

On April 28th the Moraga Parks and Recreation Department will host the first annual Moraga Treeline Triathlon. This sprint-distance triathlon is geared toward all ages and abilities, and 100% of the proceeds will go to local organizations.

The race begins at 7:00 A.M. with a 400 meter swim at the Soda Aquatic Center. After emerging from the pool, participants will cross to a staging area at the Campolindo soccer field where they will don bicycle helmets and pedal their way along a 22km route through Canyon and back with a side trip up and down Camino Pablo. Once back at Campolindo, racers will run or walk a 5k course through the slightly hilly residential area and finish with a victory lap around the Campolindo Stadium. There will be an awards ceremony



Sabrina Okada and son Taro enjoy cycling together

following the race to recognize the winners in each division.

Volunteer Race Director Carl Martin, a triathlete who has participated in over thirty races, says "This is a perfect event for first-timers." The safety of a pool swim, in contrast to the open-water swim of many triathlons, and relatively short legs of the race make it accessible for anyone (age 13 and up) who wants to give it a try; you don't have to be an Iron Man to participate in this family-oriented event. The entrance categories are divided by age and gender and there are opportunities for families to train together and compete as teams, as well as relay options. Martin is confident that "anyone who finishes this event will gain tremendous satisfaction from the accomplishment.

Sabrina Okada will be there with her son Taro and husband Yasushi Takigawa. Okada, who enjoys swimming with the Masters and describes herself as "the mean mom who makes everyone do what I want them to do," has a few triathlons under her belt but is looking forward to competing with her family.

Concord resident Kristine Shargel (pictured) grew up in Moraga and is "excited to compete in a Triathlon in a place I know and love." The thirty-one year old mother of two young children likes triathlons because they offer the opportunity to participate in

three different sports. The net proceeds from this event will be divided between the Soda Aquatic Center Scoreboard Fund, the Moraga Parks and Recreation Department, and the Lamorinda Community Emergency Response Team. CERT volunteers will be deployed along the route on race day to make sure that everyone is safe and to deal with emergencies should any arise.

Moraga Recreation Director Penelope Leach, who along with her staff has worked with Martin to make sure the event runs smoothly, notes the fortuitous timing of the influx of funds as Parks and Rec assumes administration of its own recreation programs this fall as the term of the agreement with the City of Lafayette to provide this service ends on June 30.

For those who want some help or advice on how to prepare for the event, Martin will be offering a Triathlon Clinic, in conjunction with race sponsor Forward Motion, on March 31. The clinic will be held at the Soda Aquatic Center from 10:30 A.M.-12:30 P.M. and will cover race basics such as training and conditioning along with a "dry-run" of the event. Interested participants should contact Martin at [crmsail@yahoo.com](mailto:crmsail@yahoo.com).

The deadline to register for the Triathlon is April 23 at 5:00 P.M. Go to [www.moragatri.com](http://www.moragatri.com) for details.



Native Moragan Kristine Shargel trains regularly

Dear Editor:

The Orinda City Council has created a Citizens' Infrastructure Oversight Commission and is accepting applications from interested residents. This new commission has been created to independently advise the Council and the staff on the expenditure of city funds on road and drain repairs. Their responsibilities will also include reviewing project priorities and reviewing the annual audit of infrastructure spending.

This Commission will also play an important role in ensuring that any funds raised through voter approved bonds are spent as promised. All Commission meeting will be open to the public.

Interested residents can download an application from the City's web site at [www.ci.orinda.ca.us](http://www.ci.orinda.ca.us) or by writing to the City Clerk at 14 Altarinda Road, Orinda, 94563. The deadline for applications is April 10, 2007 at 4pm.

Our deteriorating roads and storm drains are our most pressing city problem. It is the hope of the City Council that by involving more citizens in infrastructure expenditures and oversight, we will make better decisions in this area now and in the future.

Steven Glazer  
Mayor, City of Orinda

Dear Editor,

We should all look at one simple fact about Measure Q in Orinda last November: 64.4 percent of Orindavoters voted yes. That's a landslide by any measure - and an indication of how strongly Orindans feel that their roads, drainage, and water pipes need to be fixed. A similar bond measure will be on the ballot later this year. The same old "anti" people who opposed Measure Q (and always oppose everything) will be popping up again like mushrooms after the

### Letters to the Editor

We're a community newspaper, and we welcome your input. Please share your thoughts, news, ideas, suggestions, and photos here in the pages of the Lamorinda Weekly.

email: [letters@lamorindaweekly.com](mailto:letters@lamorindaweekly.com)

Regular mail: Letters to the Editor  
Lamorinda Weekly  
P.O.Box 6133  
Moraga, CA 94556

rain. It is important to remember that they apparently feel free to spread falsehoods, exaggerations, and misinformation. They always have in the past, and we can expect them to do it again. Opponents of a ballot measure aren't required to back their claims with facts! We all know our roads, drains and water pipes are in horrible shape. The real question is whether we want to pay less now, or more later, when the problem and the expense grow even larger. The naysayers have no realistic solution. The Orindaroad, drain and water pipe plan was thoughtfully prepared and will receive my wholehearted support.

Ellen Dale; 16 Gardiner Ct.; Orinda, CA 94563; 253-2797

Editor:

Fix the roads or fix your car! We had to have a broken engine mount replaced: that was \$200. Then another car blew a tire that was in good shape, and we had to replace all four tires: another \$550. That car also needs new shocks. These were due to bad roads and potholes, according to the repair shops. Make no mistake, bad roads cost you money. I would much rather spend my money fixing the roads, and keep my car in good shape. The road bond would have cost us much less than these repairs. I voted yes on Measure Q, and I'm going to vote yes on the new bond measure too. Let's fix this problem!  
Jim Landau; 218 Hall Drive Orinda, CA94563; 254-1156

Editor, Lamorinda Weekly:  
We're sick and tired of all these negative letters with misinfor-

mation against important Orindaissues like the road bond.

We've done our homework and know that the opponents don't have their facts straight. Their tactic has always been to come up with some wild claims about whatever is proposed (schools, library, or road improvements) and repeat it over and over, hoping to convince people that they're right. The bottom line is, these folks are always anti-everything, and they have nothing to lose by misleading people. Our opinion? We're voting yes on the road measure. Nancy Kaible & David Anderson; 424 Camino Sobrante; Orinda, CA94563 254-8522

Editor:

Orinda has the distinction of being tied with Richmondfor last place for the quality of our roads (rated 46 on a scale of 100). I'm proud of our community and I've tried to do a lot over the years to help keep it a nice place to live. The roads are to the point where they're not only embarrassing, they're downright dangerous. I supported the last bond for road, pipe and drainage repairs, and I'm going to support the next one as well. Let's make sure Orindaremains a place we can all be proud to call home.

Dick Heggie  
Orinda's first mayor  
3 Duncan Court; Orinda, CA 94563; 254-8158

## Not to be missed

### Miramonte High School Presents "Aida"

The timeless tale of love and power is set in Ancient Egypt and made current by the contemporary score and staging.

Performances are March 15, 16, 17 at 7:30 p.m., March 18 at 2:00, and March 22, 23, 24 at 7:30 in the Miramonte Theater. Advance tickets on-line are \$15 for adults, \$10 for students with ID. Subject to availability, tickets may also be purchased at the door, \$20 for adults and \$15 for students.

### "Bus Stop" at Acalanes

The Acalanes High School Drama Department will present William Inge's BUS STOP on March 15, 17 and 19 at 7:30 pm in the Little Theater of the Acalanes High School Performing Arts Center.

In the middle of a howling snowstorm, a bus out of Kansas City pulls up at a cheerful roadside diner. All roads are blocked, and four or five weary travelers ...

Tickets may be purchased at the door at 7:00 p.m. the evening of each performance. General admission is \$8.00, or \$5 with AHS student body card. For more info, call the Acalanes office at 280-3970 and ask for the Drama Department.

**Final Days of "Hello Dolly"**  
The final performances of Cam-

polindo's spring musical, "Hello Dolly," will be on March 15th and 16th at 7:30 p.m., and March 17th at 2:00 and 7:30. Tickets are \$15; some shows are sold out. <http://www.campochoir.com>

**Campolindo Symphonic Band**  
On Tuesday, March 20th at 7:30 p.m. in The Dean Leshner Regional Center for the Arts, the Campo Symphonic Band will join with the Walnut Creek Concert Band to help them celebrate their 20th Anniversary as the official band of the City of Walnut Creek. Tickets at <http://www.dlrca.org/rca.MARC.H.07.html>.

**Lafayette Concerts Presents Jamie Laval & Ashley Broder** • Fri: 3/23  
Doors open: 7:00 pm • All shows begin: 7:30pm • Tickets: \$15 at the door (Reservations suggested) • Lafayette Community Center, Sequoia Room

**Classical Guitarist, Peter Fletcher.**  
This concert follows his New York Debut at Weill Recital Hall at Carnegie Hall.

Tuesday, April 17 at 7:00 p.m  
Reservations are necessary and are accepted at the information desk Moraga Library, 1500 St. Mary's Rd., Moraga (925)376-6852

**The Moraga Art Gallery's** new exhibit "Vibrant" will be running

from March 22-June 3. Opening Reception, Saturday, March 24, 2007

Moraga Art Gallery, 570 Center Street, Moraga at the Rheem Valley Shopping Center

### Town Hall Theatre Company presents the farce "Lend Me a Tenor"

(Mar. 22 - Apr. 21, 2007), by Tony Award-winner Ken Ludwig.

Call the Box Office to buy tickets: (925) 283-1557

**Fire-Smart Landscaping**  
Presented by Contra Costa County Fire Protection District & Contra Costa County UCCE Master Gardeners Thursday March 15th, 7:00 pm Lafayette Library; 952 Moraga Rd

### The Lamorinda Democratic Club will feature Nadia McCaffrey

March 16th, Friday, 7:30 pm (Speaker at 8 pm)  
Orinda Community Church, 10 Irwin Way, Orinda

Please submit events to: [calendar@lamorindaweekly.com](mailto:calendar@lamorindaweekly.com)



Ashrita Prasad  
Branch Manager  
Moraga

California is now Savings Bank



Pacific National Bank

Same ownership  
Same great people  
Same great service  
And even better products

THE NEW

High-Performance Market Rate Account!

5.00% APY\*

- Convenient liquidity
- Check accessible
- FDIC insured
- High market rates

Stop in at your favorite neighborhood location.

**Moraga**  
1470 Moraga Road  
Moraga, CA 94556  
(925) 376-2120

**Lafayette**  
3528 Mount Diablo Boulevard  
Lafayette, CA 94549  
(925) 284-9054

**Walnut Creek — Rossmoor**  
1910 Tice Valley Boulevard  
Walnut Creek, CA 94595  
(925) 407-0001

(877) PNB-1887 | [www.pacificnational.com](http://www.pacificnational.com)

The Annual Percentage Yield (APY) is accurate as of 02/05/07. APY advertised is based on average daily balance of \$100,000 or more. APYs for account balance tiers are as follows: under \$25,000 is 0.80%, \$25,000-\$49,999 is 4.00%, \$50,000-\$99,999 is 4.50% and over \$100,000 is 5.00%. Rates are variable and subject to change. A Pacific National Bank checking account is required to open this account. Minimum to avoid a service charge is \$2,500, otherwise a monthly charge of \$10 will be assessed. Fees may reduce earnings on this account. This is a limited transaction account. You may make a total of six (6) transfers or pre-authorized withdrawals per monthly cycle statement period. Additional restrictions may apply.

Your account is covered by FDIC insurance to the maximum allowed by law.